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TECHNICAL Reports 2009|08

**ISSP 2007 Germany  
Leisure Time and Sports  
GESIS Report on the German Study**

*Evi Scholz, Timo Lenzner, Marleen Heller*



GESIS-Technical Reports 2009|08

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## **GESIS-Technical Reports**

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## 1 The International Social Survey Programme

The International Social Survey Programme (ISSP) is a continuing annual programme of cross-national collaboration. It brings together pre-existing social science projects and co-ordinates research goals, thereby adding a cross-national perspective to the individual national studies.

It started late in 1983 when SCPR,<sup>1</sup> London, secured funds from the Nuffield Foundation to hold meetings to further international collaboration between four existing surveys - the **General Social Survey** (GSS), conducted by NORC in the USA, the **British Social Attitudes Survey** (BSA), conducted by SCPR in Great Britain, the **Allgemeine Bevölkerungsumfrage der Sozialwissenschaften** (ALLBUS), conducted by ZUMA<sup>2</sup> in West Germany and the **National Social Science Survey** (NSS), conducted by ANU in Australia. Prior to this, NORC and ZUMA had been collaborating bilaterally since 1982 on a common set of questions.

The four founding members agreed to (1) jointly develop modules dealing with important areas of social science, (2) field the modules as a fifteen-minute supplement to the regular national surveys (or a special survey if necessary), (3) include an extensive common core of background variables and (4) make the data available to the social science community as soon as possible.

Each research organisation funds all of its own participation costs. There are no central funds. The merging of the data into a cross-national data set is performed by GESIS<sup>2</sup>. Since 1996, the archive has been aided in its work by ASEP, one of the Spanish member institutes in the ISSP. GESIS compiles the study monitoring reports for the ISSP and provides the study monitoring questionnaires.

In 2009, the ISSP has 46 members; the founding four - Australia, Germany, Great Britain and the United States - plus Argentina, Austria, Belgium, Bulgaria, Canada, Chile, China, Croatia, Cyprus, the Czech Republic, Denmark, The Dominican Republic, Estonia, Finland, France, Hungary, Iceland, Ireland, Israel, Italy, Japan, Korea (South), Latvia, Mexico, the Netherlands, New Zealand, Norway, the Philippines, Poland, Portugal, Russia, Slovakia, Slovenia, South Africa, Spain, Sweden, Switzerland, Taiwan, Turkey, Ukraine, Uruguay, and Venezuela.

The annual topics for the ISSP are developed over several years by a drafting group and are pre-tested in various countries. The annual plenary meeting of the ISSP then adopts the final questionnaire. ISSP questions need to be relevant to all countries and expressed in an equivalent manner in all languages. The questionnaire is drafted in British English and then translated into other languages.

The ISSP is unique in a number of ways. First, the cross-national collaboration between organisations is not *ad hoc* or intermittent, but routine and continual. Second, while necessarily more circumscribed than collaboration dedicated solely to cross-national research on a single topic, the ISSP makes cross-national research a basic part of the national research agenda of each participating country. Third, by combining a cross-time with a cross-national perspective, two powerful research designs are being used to study societal processes. The ISSP is also one of the few cross-national studies to conduct and publish study monitoring reports of the annual studies. These are appended to the relevant codebooks and are downloadable from the archive web pages. Other projects, such as the European Values Study have, in fact, adapted the ISSP study monitoring questionnaire for their projects.

<sup>1</sup> In 1999 SCPR became NCSR (National Centre for Social Research).

<sup>2</sup> In 2007 ZUMA and Zentralarchiv were integrated into GESIS.

## 2 ISSP Modules 1985-2012

---

1985	Role of Government I	Attitudes towards the government plus general political attitudes.
1986	Social Networks I	Ego-centred network survey in the Claude Fisher tradition ("to whom would you turn") plus a series of questions concerning the structure and composition of respondents' networks.
1987	Social Inequality I	Opinions and attitudes toward inequality in terms of rich and poor and privileged and underprivileged.
1988	Family and Changing Gender Roles I	Attitudes towards women as part of the labour force and possible conflicts with traditional roles of men and women in society, general attitudes to the family.
1989	Work Orientations I	General attitudes to work and leisure, work organisation and work content.
1990	Role of Government II	Replication of the main topics of Role of Government I (1985).
1991	Religion I	Attitudes towards traditional religious beliefs and topics now connected with secular social ideologies.
1992	Social Inequality II	Replication of the main topics of Social Inequality I (1987).
1993	Environment I	Attitudes to the environment, nature and pollution, together with questions assessing knowledge of science and environmental issues.
1994	Family and Changing Gender Roles II	A partial replication of Family and Changing Gender Roles I (1988), with new questions.
1995	National Identity I	Questions on attitudes to aspects of national life and culture, citizenship, minorities in society and to foreigners.
1996	Role of Government III	A partial replication of Role of Government II (1990), one third new.
1997	Work Orientations II	A partial replication of Work Orientations I (1989), one third new.
1998	Religion II	A partial replication of Religion I (1991), with new questions.
1999	Social Inequality III	A partial replication of the Social Inequality modules from 1987 and 1992, with new questions.
2000	Environment II	A partial replication of Environment I (1993), with new questions.
2001	Social Networks II: Social Relations and Support Systems	Based on Social Networks I (1986), with new questions.
2002	Family and Changing Gender Roles III	A partial replication of Family and Changing Gender Roles II (1994), with new questions.
2003	National Identity II	A partial replication of National Identity I (1995), with new questions.
2004	Citizenship I	A new module.
2005	Work Orientations III	A partial replication of Work Orientations II (1997), with new questions.
2006	Role of Government IV	A partial replication of Role of Government III (1996), with new questions.

2007	Leisure Time and Sports I	A new module.
2008	Religion III	A partial replication of Religion II (1998), with new questions.
2009	Social Inequality IV	A partial replication of Social Inequality IV (1999), with new questions.
2010	Environment III	A partial replication of Environment II (2000), with new questions.

### **Modules planned**

2011	Health and Health Policy	A new module (in preparation).
2012	Family and Changing Gender Roles IV	A partial replication of Family and Changing Gender Roles, with new questions (in preparation).

### 3 Contents of the Leisure Time and Sports Module

The 2007 survey was a new ISSP module. The decision for a new module on leisure time and sports was taken at the general ISSP assembly 2003, the questionnaire was developed over three years. The multi-national drafting group prepared several questionnaire drafts in accordance with decisions taken at general assembly meetings. These drafts were circulated to ISSP members for input and commentary. A final version was discussed and signed off at the general assembly meeting 2006, prior to the year of fielding. The members of the drafting group for Leisure Time and Sports 2007 were Austria (convenor), France, Philippines, Portugal, South Africa, and Venezuela.

The table below outlines the topics covered in the module. The questionnaire item numbers are in the first column. If different, the German questionnaire numbers are included in brackets. The variables in the second column are those of the international data set.

*Table 1:* Contents of ISSP 2007 module

(German question numbers in brackets if differ from the English question numbers)

2007		Abbreviated Text of Question	
English (German) Question Numbers	Variables	No. of Items	
Leisure time: activities and satisfaction (19 items)			
1		13	Frequency of free time activity
a	V6		Frequency: Watch TV, DVD, videos
b	V7		Frequency: Go to the movies
c	V8		Frequency: Go out shopping
d	V9		Frequency: Read books
e	V10		Frequency: Attend cultural events
f	V11		Frequency: Get together with relatives
g	V12		Frequency: Get together with friends
h	V13		Frequency: Play cards or board games
i	V14		Frequency: Listen to music
j	V15		Frequency: Take part in physical activities
k	V16		Frequency: Attend sporting events as a spectator
l	V17		Frequency: Do handicrafts
m	V18		Frequency: Spend time on the Internet/PC
2		2	To what degree free time activity enables R ...to be the kind of person you really are? ...to strengthen the relationships with other?
a	V19		
b	V20		
3		4	Enjoyment from free time activity Reading books Getting together with friends Taking part in physical activities Watching TV, DVD, videos
a	V21		
b	V22		
c	V23		
d	V24		

2007			Abbreviated Text of Question
English (German) Question Numbers	Variables	No. of Items	
The meaning of time and leisure, and its relation to work and other spheres of life (13 items)			
4		3	Use of free time to ...establish useful contacts ...relax and recover ...try to learn or develop skills
a	V25		
b	V26		
c	V27		
5a		3	Emotional aspects of free time: how often does R ...feel bored? ...feel rushed? ...find himself/herself thinking about work?
a	V28		
b	V29		
c	V30		
5b	V31	1	Preference to be with other or alone in free time
6		4	Preference to spend more/less time ...in a paid job ...doing household work ...with your family ...in leisure activities
a	V32		
b	V33		
c	V34		
d	V35		
7		2	Holidays How many holidays away from home (last 12 months) How many holidays from work (last 12 months)
a	V36		
b	V37		
Sport/game activities and subjective functions of sport and games (8 items)			
8		2	Most frequent sport/game Most frequent sport or physical activity Most frequent type of game
a	V38		
b	V39		
9		4	Reasons for participation in sports/games For physical or mental health To meet other people To compete against others To look good
a	V40		
b	V41		
c	V42		
d	V43		
10		2	Sport watched on TV Most frequent Second most frequent
a	V44		
b	V45		
Sociological aspects of sports (6 items)			
11	V46	1	National pride re. sports competitions
12		5	Agree/disagree... Taking part in sports develops children's character.
a	V47		
b	V48		
c	V49		
d	V50		
e	V51		

2007			Abbreviated Text of Question
English (German) Question Numbers	Variables	No. of Items	
Social and political participation (7 items)			
13		5	Participation in associations/groups
a	V52		A sports association/group
b	V53		A cultural association/group
c	V54		A church or other religious organisation
d	V55		A community-service or civic association/group
e	V56		A political party or organisation
14a	V57	1	General trust in people
14b	V58	1	Political interest
Social determinants and consequences of leisure (7 items)			
15		5	Conditions preventing from free time activity: extent
a	V59		Lack of facilities nearby
b	V60		Lack of money
c	V61		Personal health, age or disability
d	V62		Need to take care of someone (elderly, children, ...)
e	V63		Lack of time
16	V64	1	Life happiness
17	V65	1	General state of health
Optional items (8 items)			
18*		3	Yesterday's time schedule
a*	V66		Weekday/holiday
b*	V67		Time R got up yesterday
c*	V68		Time went to sleep yesterday
19 (18)		2	Measurements of R
a	V69		Height of R
b	V70		Weight of R
20 (19)	V71	1	Gain or lose weight
21*		2	Ideal shapes
a*	V72		Ideal shape of a man
b*	V73		Ideal shape of a woman

\* Not asked in Germany

German ISSP 2007**			Abbreviated Text of Question
German Question Number	Variables in ALLBUS 2008	No. of Items	
Personality Items			
21	V637 V638 V639 V640 V641 V642 V643 V644 V645 V646	10	To what extent do you agree or disagree with the following statements?  I see myself as someone who ...is reserved ...is generally trusting ...does a thorough job ...is relaxed, handles stress well ...has an active imagination ...is outgoing, sociable ...tends to find fault with others ...tends to be lazy ...gets nervous easily ...has few artistic interests
Right to strike for specific occupational groups			
22	V647 V648 V649 V650 V651	5	For/against the right to strike of ...  Doctors Coachbuilders Engine drivers Clerks Garbage collectors
Unemployment insurance			
23	V652	1	...obligatory or optional
Unemployment benefit: restrictions			
24	V653 V654	2	For /against: receveing benefits after spending savings  For /against: receveing benefits if household income low
CASI***			
171 172	V750 V751	2	How much R liked CASI How well R came along with CASI

\*\* Only asked in Germany; included in German General Social Survey (ALLBUS) 2008; not included in international data file.

\*\*\* Part of the ALLBUS 2008 interview.

## 4 The German Module

The study description sheet below was submitted to the archive with the 2007 data. We expand somewhat on the information contained in this in sections which follow. A detailed questionnaire on the 2007 fielding was completed by ISSP members, including Germany, in 2007 and 2008 and will be available in 2009 on the GESIS web site.

<i>Study title:</i>	ISSP 2007 "Freizeit und Sport"	
<i>Fieldwork dates:</i>	Start: 2008-03-01; End: 2008-08-23	
<i>Principal investigators:</i>	Prof. Dr. Peter Ph. Mohler, GESIS	
<i>Sample type:</i>	Two stage random sample. Names and addresses from registers of inhabitants kept by municipalities. Adults of 18 and older living in private accommodation.	
<i>Fieldwork institute:</i>	TNS Infratest Sozialforschung (Germany)	
<i>Fieldwork methods:</i>	Self-completion questionnaire (CASI), interviewer in attendance. Background variables were asked face-to-face (CAPI).	
<i>N. of respondents:</i>	1717	
<i>Details about issued sample:</i>  Please follow the standards laid down in AAPOR/WAPOR, Standard Definitions: <a href="http://www.aapor.org/uploads/standarddefs_4.pdf">http://www.aapor.org/uploads/standarddefs_4.pdf</a> . The numbers in the parentheses are those used in Tables 2 and 3 of Standard Definitions.	1. Total number of starting or issued names/addresses (gross sample size) *	N=4948 East=1531 West=3417
	2. Interviews (1.0)	N=1717 East=543 West=1174
	3. Eligible, Non-Interview A. Refusal/Break-off (2.10)	N=2084 East=654 West=1430
	B. Non-Contact (2.20)	N=311 East=100 West=211
	C. Other	
	i. Language Problems (2.33)	N=69 East=7 West=62
	ii. Miscellaneous Other (2.31, 2.32, 2.35)	N=130 East=44 West=86
	4. Unknown Eligibility, Non-Interview (3.0)	N=39 East=9 West=30
	5. Not Eligible A. Not a Residence (4.50)	N=40 East=12 West=28
	B. Vacant Residence (4.60)	N=558 East=162 West=396
	C. No Eligible Respondent (4.70)	
	D. Other (4.10,4.90)	
* When new sample units are added during the field period via a new dwelling units list or other standard updating procedure, these additional issued units are added to the starting number of units to make up the total gross sample size. Also, when substitution is used, the total must include the originally drawn cases plus all substitute cases. See AAPOR/WAPOR Standard Definitions, pp. 9-10 for further clarification.		
<i>Language(s):</i>	German	

<i>Weight present:</i>	Not weighted
<i>Weighting procedure:</i>	Sample for eastern Germany deliberately over-samples the five eastern federal states. If all of Germany is taken as the unit of analysis (rather than the eastern and western states) weighting is necessary. Weighting factor for Western Germany: 1,1932592**; weighting factor for Eastern Germany: 0,58216151**; recoding of the country variable is necessary. ** Own calculation based on data of Microcensus 2007; figures provided by the German Federal Statistical Office.
<i>Known systematic properties of sample:</i>	None
<i>Deviations from ISSP questionnaire:</i>	None
<i>Publications:</i>	ISSP 2007 Methods Report on the German Study (forthcoming) For further information see ISSP bibliography on the ISSP homepage ( <a href="http://www.issp.org/biblio.htm">http://www.issp.org/biblio.htm</a> )

#### 4.1 Translation of the Source Questionnaire

Two independent translations were made of the entire modul by translation experts. These versions were discussed in a group meeting with members of the ISSP team and members of the GESIS cognitive testing laboratory. An expert finally checked the quality of the group decisions.

#### 4.2 Sample

The ISSP modules for 2007 (Leisure Time and Sports) and 2008 (Religion) were fielded together with the ALLBUS 2008 study in a split. The ALLBUS sample in 2008 was designed to yield a representative sample of the adult population (18 years and older) living in private households in Germany, including foreigners able to complete the questionnaire in German. The sample was drawn in a two-stage design from official registers of inhabitants kept by municipalities throughout Germany. First the communities and sample points were selected randomly. Then individuals were randomly selected from each sampling point. Full details of the sample are presented (in German) in the methods report on ALLBUS 2008 (forthcoming).

#### 4.3 Pre-testing

Pre-testing for translated versions of source questionnaires differs from pre-testing of questionnaires which do not yet have a finished form. Irrespective of what a pre-test of a translation seems to indicate, only a limited number of changes can be made if the source questionnaire has been finalised. The ordering of questions, can usually not be changed, nor the format of questions or response categories, since these changes raise issues of comparability.

Pre-testing in the sense of a 'trial run' can indicate how long administration can take, highlight lay-out problems, and to some extent, point to difficulties in comprehension related to translation. In an ask-the-same-question approach, changes of these kinds have to be made while the source questionnaire is still being developed and tested.

GESIS conducted a pre-test during the development of the 2007 Sports and Leisure Time module to probe comprehension of key topics and new questions (Prüfer and Rexroth, 2005). Another pre-test, after the source questionnaire was finalised and translated into German, was run to test for various problems of the CASI (computer assisted self interview) interview.

#### 4.4 Fielding and Response

Fielding began on March 1<sup>st</sup> 2008 and ended on August 23<sup>th</sup> 2008. The ISSP module was a self-completion questionnaire administered at the end of the ALLBUS CAPI interview. A total of 1717 questionnaires were completed for the module (1174 in western states; 543 in eastern states). 99 % of ALLBUS respondents agreed to complete the ISSP module. The total ALLBUS response rate was 40.3 % (40.5 % in western states; 39.8 % in eastern states). Based on this, the response rate for the ISSP 2007 was 39.7 % (39.5 % in western states; 40.3 % in eastern states).

The 2007 ISSP module was fielded as a CASI interview (computer assisted self interview) such as already the German ISSP 2005 and ISSP 2006. Prior to ISSP 2005, a paper and pencil self-completion questionnaire (PAPI) was used to administer the ISSP. To design the interview similar to PAPI and minimize any potential effects from options offered by a computer programme, answers were not forced, in addition changing answers and not answering were allowed. Respondents were instructed how to complete the ISSP interview on a laptop and by using a pen, in particular how to change answers, how to continue with the next question and how to go back to the questions and the already given answers.

Differences between modes of interview were not tested in an experimental design, but there are several indicators that offer reasonable substitute information. Two questions on respondents' reactions to the CASI mode were included in the questionnaire in order to learn about potential problems connected to using CASI. The questions dealt with how much respondents liked answering questions on the computer themselves<sup>3</sup> and whether respondents got along with that kind of answering<sup>4</sup>. The data indicate that both acceptance and feasibility were high. Respondents did not have problems with self-completion on the computer in general: in ISSP 2007, about 84 % reported that they liked the form of question-answering, and about 85 % answered that they didn't have problems to get along with the pen and the laptop.

While ISSP modules are designed as self-completion questionnaires, 28.9 % of the ISSP 2007 cases were administered as interviews for various reasons (31.4 % in western states; 23.4 % in eastern states). In recent ISSP surveys a considerable amount of respondents also preferred to continue in CAPI mode, as used in the ALLBUS interview. In ISSP 1999 and ISSP 2000, both PAPI administered modules, about 34 % respectively 30 % were done by the interviewer. In ISSP 2001 and 2002, again PAPI administered but fielded by a different survey research institute (INFAS), only about 8 % respectively 7 % were reported as interviewer completed. For ISSP 2007, fielded by the same institute (INFRATEST) as in ISSP 1999 and ISSP 2000, about 29 % of the respondents asked the interviewer to continue in the same mode. On first glance, there seems to be a mode effect related to the institute.

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<sup>3</sup> Translated from German question: You have just completed the last part of the questionnaire by YOURSELF on the computer. How did you like this form of question-answering? 1 Very much, 2 A lot, 3 A little, 4 Not at all.

<sup>4</sup> Translated from German question: How did you get along with the pen and the laptop? 1 Very good, 2 Good, 3 Not good, 4 Not at all.

However, for ISSP 2003 and ISSP 2004 administered again by INFRATEST, the amount of interviews is about 12 % respectively 13 %.

If we compare the ISSP 2007 to the two other ISSP surveys that were CASI administered then similar amounts occur as for ISSP 2007: in ISSP 2005 about 27 % were interviews, in ISSP 2006 about 25 %. If we compare the amounts of interviews in CASI administered ISSP surveys to those in PAPI administered ISSP surveys, then CASI surveys do not consistently show higher amounts of interviews than PAPI surveys (see figure 1).

All things considered, there is neither a clear institutional nor a clear mode effect. The results does not seem to reflect a specific aversion against CASI but very likely a more general aversion against self-completion.

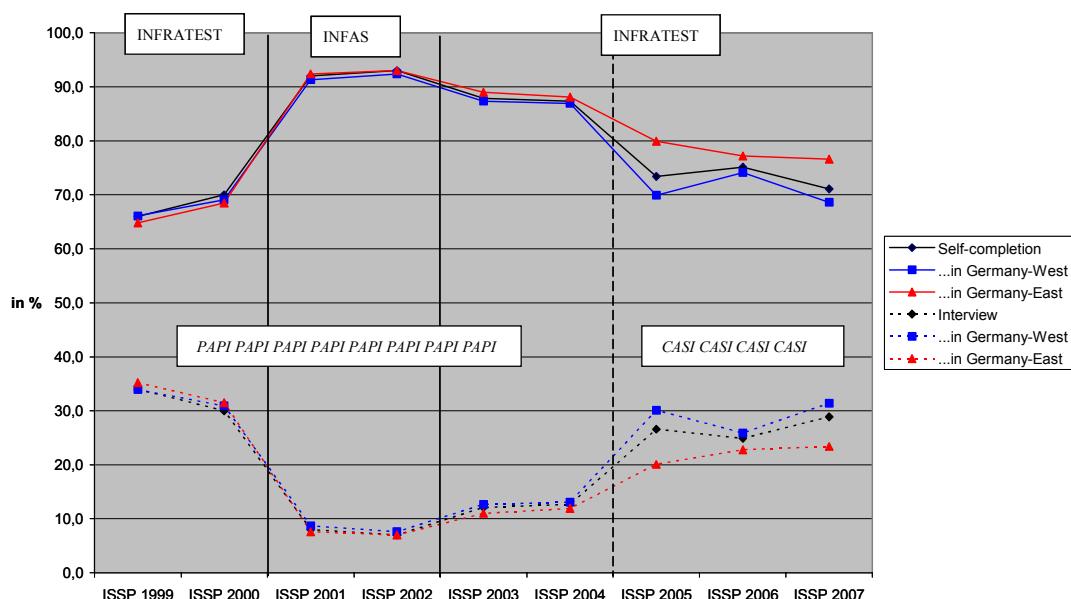


Figure 1: ISSP surveys 1999-2007

Dropouts can also serve as an additional indicator of CASI related problems. If dropouts dramatically increase when ISSP is run as CASI then the decision to use that mode had to be reconsidered. However, analyses of the data revealed that dropout rates did not get worse by changing the mode from PAPI to CASI: between ISSP 1999 and ISSP 2004 the proportion of ALLBUS respondents who did not answer the ISSP questionnaire increased from 6 % in ISSP 1999 to 10 % in ISSP 2004. In the CASI surveys the corresponding dropout rates were lower with about 2 % in ISSP 2005; 3 % in ISSP 2006; and 1 % in ISSP 2007 (see figure 2). The change between the ALLBUS CAPI interview and the ISSP CASI interview seems to be more smooth than between CAPI and PAPI.

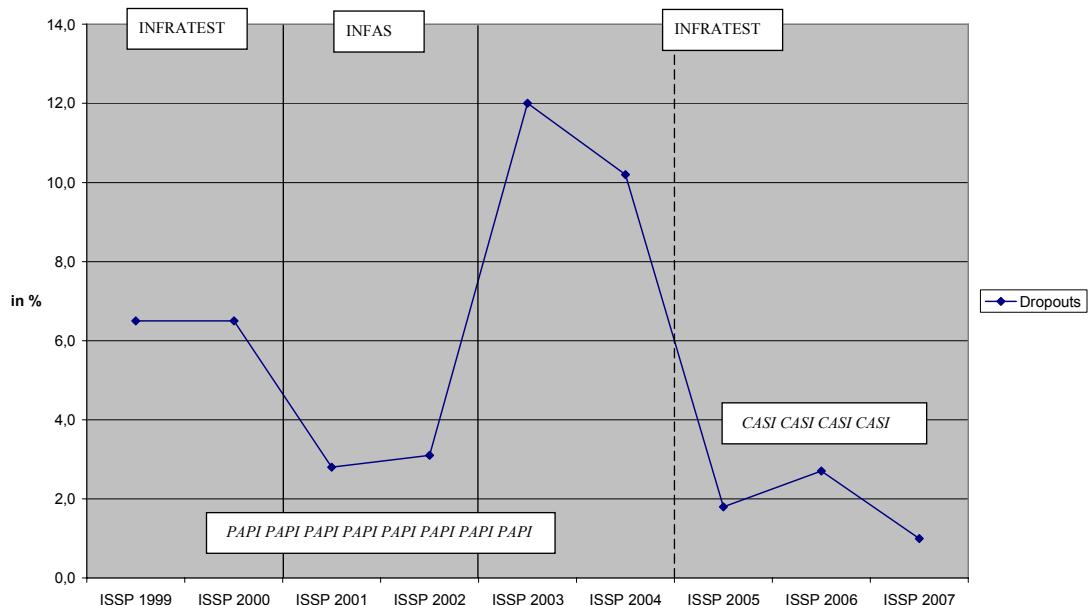


Figure 2: Dropouts 1999-2007

#### 4.5 Data Editing and Coding of Questions on Active and Passive Sports Activities

In ISSP questionnaires open ended questions are quite exceptional. In ISSP 2007, however, two questions on the active and passive sports activities were included, the first question dealing with the respondents' most frequent sport activity (q8a) and the second question dealing with the respondents' most and second most frequent sport watched on TV (q10a and b).

Both questions are problematic in some respects. First, for question 8a, the question wording in the English source questionnaire is a bit ambiguous: the stimulus is not exclusively set on sports but expanded by the term "physical activity" to guarantee that the respondents also refer to activities such as walking or jogging. The German translation of this question stayed with both stimuli to keep the cross-national comparability of the results. The answers entered by the respondents themselves in the German ISSP 2007 CASI interview reflect this ambiguity but went beyond the intended question understanding: activities such as gardening or homework are mentioned to a considerable amount (7 % of responses). Second, respondents obviously had problems to decide on one kind of sports only and thus to give one answer only: about 17 % of the respondents entered multiple responses. The coding scheme of the international data file prepared to code the open ended answers into international usable sports categories (see appendix A) does not include such activities as gardening but concentrates on sports. In addition, the coding instructions and the given structure of the international ISSP data file do not cover more than one answer.

For the open ended question on sports watched on TV, similar problems showed up. Though a second answer was expected, the restriction on two responses was not followed by all respondents (more than 2 multiple responses by 5 % of the respondents). In some cases respondents' general interests in sports are reflected by unspecific answers not mentioning any specific sport but by a general response "all kinds of sports" or a sport programme or channel that is not covered by the coding scheme (2 % of responses).

Multiple responses on questions with open-ended format are usually coded into as many variables as needed to cover these responses. For questions with open-ended format and designed to get only one single answer but where the number of received answers is greater than the one intended, data managers have two options to deal with this problem. The first option is to code cases with multiple responses into a code indicating that answer and design do not fit, e.g., "other answer"-category, "Not applicable"-category. The second option is to consider cognitive processes and count on a respondent to give the answer that is most important for him or her first and then continue with a less important answer. The first coding option result in a loss of information, the second is, to a certain extent, artificial.

Before coding the German ISSP 2007 data, we contacted ISSP members who had already conducted the ISSP 2007 as self-completion questionnaire. Experiences were more or less the same. For the international ISSP data set, we decided to follow the second option which was also the approach other ISSP members chose and coded the first answer as the relevant one irrespective of how many answers were given. Answers that were not covered by the categories of the international coding scheme were coded as "other".

For the German ISSP 2007 data stored in the ALLBUS 2008 data file we decided to save as much detailed information as necessary: for the open ended question on respondents' most frequent sport activity (q8a), we stored the first three of the multiple answers given and a variable counting the number of answers. For the respondents' most and second most frequent sport watched on TV (q10a and b) the first and the second given answer were coded into two variables in total, irrespective whether the two individual answers were placed in question a only or in questions a and b as planned in the design of the questionnaire. Furthermore the coding scheme for the German ALLBUS 2008 data file was somewhat extended compared to the international one adding categories to cover physical activities, e.g., gardening, walking the dog.

#### 4.6 Data Editing and Occupational Coding (ISCO 1988)

The fielding institute delivered a formally edited data set to GESIS. GESIS carried out additional data editing and prepared the data for merging in accordance with the ISSP 2007 set-up from the ISSP archive. Coding of current or former occupation was also carried out at GESIS (ISCO 1988; for details of ISCO 1988, see, for example, International Labour Office, 1990).

## 5 Archiving of Leisure Time and Sports Data Sets

In order to be officially archived member countries need to deliver data sets to the archive along with a study monitoring description sheet, deliver a study monitoring report (SMQ) to GESIS and, if any difficulties are noted in the SMQ, have these resolved.

*Table 2:* Leisure time and sports data sets archived by July 2009

		ISSP 2007		
	ISSP members	Data delivered	SMQ approved	Officially archived
1.	Argentina	YES	YES	YES
2.	Australia	YES	YES	YES
3.	Austria	YES	YES	YES
4.	Bulgaria	YES	YES	YES
5.	Canada	No	NA	NA
6.	Chile	YES	YES	YES
7.	China	No	Na	NA
8.	Croatia	YES	YES	YES
9.	Cyprus	YES	YES	YES
10.	Czech Republic	YES	YES	YES
11.	Denmark	No	NA	NA
12.	The Dominican Republic	YES	YES	YES
13.	Estonia	No	NA	NA
14.	Finland	YES	YES	YES
15.	Flanders	YES	YES	YES
16.	France	YES	YES	YES
17.	Germany	YES	YES	YES
18.	Great Britain Northern Ireland	YES No	YES NA	YES NA
19.	Hungary	YES	YES	YES
20.	Iceland	No	NA	NA
21.	Ireland	YES	YES	YES
22.	Israel	YES	YES	YES
23.	Italy	No	NA	NA
24.	Japan	YES	YES	YES
25.	Korea (South)	YES	YES	YES
26.	Latvia	YES	YES	YES
27.	Mexico	YES	YES	YES
28.	Netherlands	No	NA	NA
29.	New Zealand	YES	YES	YES
30.	Norway	YES	YES	YES
31.	Philippines	YES	YES	YES
32.	Poland	YES	YES	YES
33.	Portugal	No	NA	NA
34.	Russia	YES	YES	YES

		<b>ISSP 2007</b>		
	<b>ISSP members</b>	<b>Data delivered</b>	<b>SMQ approved</b>	<b>Officially archived</b>
35.	Slovakian Republic	YES	YES	YES
36.	Slovenia	YES	YES	YES
37.	South Africa	YES	YES	YES
38.	Spain	No	Na	NA
39.	Sweden	YES	YES	YES
40.	Switzerland	YES	YES	YES
41.	Taiwan	YES	YES	YES
42.	Turkey	No	NA	NA
43.	Ukraine	No	NA	NA
44.	Uruguay	YES	YES	YES
45.	USA	YES	YES	YES
46.	Venezuela	No	NA	NA

The addresses of the institutes and organisations involved in each country are provided in Appendix B, together with telephone, email and fax of principal contacts. For further information on the ISSP and regular updates of contact information material, see the ISSP web site (<http://www.issp.org/>).

## 6 Data Availability

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The data were deposited at GESIS' Data Archive for the Social Sciences, the official ISSP archive since 1986. Together with **Analisis Sociologicos, Economicos y Politicos** (ASEP), Madrid, the archive is responsible for merging the ISSP data and producing the international merged data sets.

## 7 References

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The American Association for Public Opinion Research (2005). *Standard Definitions. Final Dispositions of Case Codes and Outcome Rates for Surveys*. On-line Edition 3.1, revised February, 2005. [http://www.aapor.org/pdfs/standarddefs\\_3.1.pdf](http://www.aapor.org/pdfs/standarddefs_3.1.pdf).

International Labour Office (1990). *International Standard Classification of Occupations: ISCO-88*. Genf: ILO.

Wasmer, Martina, Evi Scholz, and Michael Blohm (forthcoming). *Konzeption und Durchführung der "Allgemeinen Bevölkerungsumfrage der Sozialwissenschaften" (ALLBUS) 2008*. GESIS-Technical Reports. Mannheim.

Prüfer, Peter and Margrit Rexroth (2005). *ISSP 2007 Testbefragung*, ZUMA Projektbericht 01/2005.

## Appendix A

### **The Questionnaires (English and German)**

The numbering of the German questionnaire differs slightly from the English. Filter questions were asked as separate questions and not as part of the substantive questions. Obligatory background variables not included in the self-completion questionnaire were asked in the ALLBUS survey which preceded the ISSP module. A documentation of the construction of the ISSP 2007 background variables will be available online with the ISSP 2007 international data file.

**English Questionnaire**

**German Questionnaire**

# ISSP 2007 "Leisure Time and Sports"

## Final questionnaire

### August, 2006

#### Drafting group:

Austria, convenor (M. Haller, M. Hadler, F. Höllinger, R. Ressler)

France (P. Coulangeon, Y. Lemel)

Philippines (L. Luz Guerrero, M. Mangahas)

Portugal (M. Villaverde Cabral, A. Ramos, I. Menezes)

South Africa (J. Struwig)

Venezuela (R. Briceno).

#### CONTENT OF THE MODULE:

- I. Leisure time: activities and satisfaction (19 items)
- II. The meaning of time and leisure, and its relation to work and other spheres of life (13 items)
- III. Sport/game activities and subjective functions of sport and games (8 items)
- IV. Sociological aspects of sports (6 items)
- V. Social and political participation (7 items)
- VI. Social determinants and consequences of leisure (7 items)
- VII. Optional items (6 items)

#### General notes to members

1. All notes which are not part of the questionnaire and intended only for members (for example, translation notes, TN) are enclosed in pointed, angle brackets <like these>.
2. All the elements in questions which require local adaptation are enclosed in square brackets. These instructions often relate to adding the name of the relevant country. For example, in Austria “Generally, how would you describe taxes in [Country] today?” would read “Generally, how would you describe taxes in Austria today?”
3. All the elements in questions which are optional are enclosed in double round brackets ((like these)).
4. The administration and design of the open-ended questions 8a, 10a&b should be locally adapted to the mode of interview (face-to-face or self-completion) and to whether the answers in face-to-face interviews are verbatim recorded or directly coded according to the coding scheme on page 10.

## <I. Leisure time: activities and satisfaction>

The following questions are related to your free time, that is, time you are not occupied with work or household duties or other activities that you are obliged to do.

### 1. How often do you do each of the following activities in your free time? (Please tick one box on each line))

	Daily	Several times a week	Several times a month	Several times a year or less often	Never
a. Watch TV, DVD, videos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Go to the movies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Go out shopping <i>&lt;TN: for pleasure&gt;</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Read books	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Attend cultural events such as concerts, live theatre, exhibitions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Get together with relatives <i>&lt;TN: who do not live in your household&gt;</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Get together with friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Play cards or board games	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
i. Listen to music	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
j. Take part in physical activities such as sports, going to the gym, going for a walk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
k. Attend sporting events as a spectator	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
l. Do handicrafts such as needle work, wood work, etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
m. Spend time on the Internet/PC	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### 2. When you are involved in free time activities to what extent do they enable you ... (Please tick one box on each line))

	Very much	A lot	Somewhat	A little	Not at all	Can't choose
a. ...to be the kind of person you really are?	<input type="checkbox"/>					
b. ...to strengthen your relationships with other people?	<input type="checkbox"/>					

*<TN: somewhat: to some extent>*

**3. Please, indicate how much enjoyment you get from the following free time activities:**  
*((Please tick one box on each line))*

	No enjoyment	Not much enjoyment	Some enjoyment	A fair amount of enjoyment	A great amount of enjoyment	I never do that
a. Reading books	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Getting together with friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Taking part in physical activities such as sports, going to the gym, going for a walk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Watching TV, DVD, videos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**<II. The meaning of time and leisure, and its relation to work and other spheres of life>**

**4. People do different things during their free time. For each of the following, please indicate how often you use your free time to ...**  
*((Please tick one box on each line))*

	Very often	Often	Sometimes	Seldom	Never	Can't choose
a. ...establish useful contacts	<input type="checkbox"/>					
b. ...relax and recover	<input type="checkbox"/>					
c. ...try to learn or develop skills	<input type="checkbox"/>					

**5a. In your free time, how often do you ...**  
*((Please tick one box on each line))*

	Very often	Often	Sometimes	Seldom	Never	Doesn't apply
a. ...feel bored?	<input type="checkbox"/>					
b. ...feel rushed?	<input type="checkbox"/>					
c. ...find yourself thinking about work?	<input type="checkbox"/>					

**5b. In your free time, do you prefer to be with other people or do you prefer to be by yourself?**  
*((Please tick one box only))*

Most of time with other people	<input type="checkbox"/>
More with other people than alone	<input type="checkbox"/>
More alone than with other people	<input type="checkbox"/>
Most of time alone	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

**6. Suppose you could change the way you spend your time, spending more time on some things and less time on others. Which of the things on the following list would you like to spend more time on, which you would you like to spend less time on and which would you like to spend the same amount of time on as now?**

((Please tick one box on each line))

	Much more time	A bit more time	Same time as now	A bit less time	Much less time	Can't choose	Doesn't apply
a. Time in a paid job	<input type="checkbox"/>						
b. Time doing household work	<input type="checkbox"/>						
c. Time with your family	<input type="checkbox"/>						
d. Time in leisure activities	<input type="checkbox"/>						

**7a. In the last 12 months, how many nights altogether did you stay away from home for holidays or social visits?**

((Please tick one box only))

I was not away	<input type="checkbox"/>
1-5 nights	<input type="checkbox"/>
6-10 nights	<input type="checkbox"/>
11-20 nights	<input type="checkbox"/>
21-30 nights	<input type="checkbox"/>
More than 30 nights	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

<TN: holidays: vacation>

**7b. In the last 12 months, how many days of leave from your work, if any, did you take altogether (do not include maternity or sick leaves or similar types of leave)?**

((Please tick one box only))

None	<input type="checkbox"/>
1-5 days	<input type="checkbox"/>
6-10 days	<input type="checkbox"/>
11-20 days	<input type="checkbox"/>
21-30 days	<input type="checkbox"/>
More than 30 days	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>
I do not work	<input type="checkbox"/>

### <III. Sport/game activities and subjective functions of sport and games>

**8a. What sport or physical activity do you take part in most frequently? ((If you do not take part in any sport or physical activity, please tick the box provided below.)) <OPEN-ENDED>**

((Most frequent sport or physical activity \_\_\_\_\_ Please write in))  
 ((Code \_\_\_\_))

I do not take part in any sport or physical activity

<"Code" to be used when directly coded in face-to-face interviews>  
 <Coding list at the end of questionnaire>

**8b. Thinking about games rather than sports or physical activities, what type of game do you play most frequently? ((Select the most appropriate game from the list below and tick the corresponding box)).**

((If you do not play any game, please tick the box at the very bottom of the list.))  
 ((Please tick **one** box only))

Board games

- |   |                          |
|---|--------------------------|
| Backgammon  | <input type="checkbox"/> |
| Checkers (brit. draughts)   | <input type="checkbox"/> |
| Chess   | <input type="checkbox"/> |
| Go  | <input type="checkbox"/> |
| Other board games (e.g. monopoly, scrabble)                               | <input type="checkbox"/> |
| Card games (e.g. bridge, rummy, ratience, solitaire)                      | <input type="checkbox"/> |
| Dominoes  | <input type="checkbox"/> |
| Mah-jongg   | <input type="checkbox"/> |
| Jigsaw puzzles  | <input type="checkbox"/> |
| Word or number games (e.g. crosswords, sudoku)                            | <input type="checkbox"/> |
| Video games, computer games, play station, pinball                        | <input type="checkbox"/> |
| Gambling games (e.g. casino games, slot machine, lottery, sports betting) | <input type="checkbox"/> |
| Country specific games  | <input type="checkbox"/> |
| Other games   | <input type="checkbox"/> |

I do not play any game

<TN: Give two or three country specific examples in parentheses for the generic categories "Other board games", "Card games", "Word or number games" and "Gambling games">

**9. Please indicate how important the following reasons are for you to take part in sports or games.**  
*((Please tick one box on each line))*

	Very important	Somewhat important	Not very important	Not important	Can't choose	Doesn't apply
a. For physical or mental health	<input type="checkbox"/>					
b. To meet other people	<input type="checkbox"/>					
c. To compete against others	<input type="checkbox"/>					
d. To look good	<input type="checkbox"/>					

**10a. What sport do you watch on TV most frequently? ((If you do not watch any sport on TV, please tick the box provided below and skip to question 11.)) <OPEN-ENDED>**

((Most frequent sport watched \_\_\_\_\_ Please write in))  
 ((Code \_\_\_\_))

I do not watch any sport on TV  -> go to Question 11

<"Code" to be used when directly coded in face-to-face interviews>  
 <Coding list at the end of questionnaire>

**10b. What sport is the SECOND MOST FREQUENT that you watch on TV? <OPEN-ENDED>**

((Second most frequent sport watched \_\_\_\_\_ Please write in))  
 ((Code \_\_\_\_))

I do not watch a second sport

<"Code" to be used when directly coded in face-to-face interviews>  
 <Coding list at the end of questionnaire>

**<IV. Sociological aspects of sports>**

**11. How proud are you when [Country] does well at an international sports or games competition?**

((Please tick one box only))

I am very proud	<input type="checkbox"/>
I am somewhat proud	<input type="checkbox"/>
I am not very proud	<input type="checkbox"/>
I am not proud at all	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

**12. People have different opinions about sports. To what extent do you agree or disagree with the following statements?**

((Please tick **one** box on each line))

	Agree strongly	Agree	Neither agree nor disagree	Disagree	Disagree Strongly	Can't choose
a. Taking part in sports develops children's character.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. There is too much sport on TV.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Sports bring different groups and races inside [Country] closer together.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. International sports competitions create more tension between countries than good feelings.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. [Country]'s government should spend more money on sports.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**<V. Social and political participation>**

Now, some questions about your social involvement.

**13. In the last 12 months, how often have you participated in the activities of one of the following associations or groups?**

((Please tick **one** box on each line))

I have participated in...	At least once a week	At least once a month	Several times	Once or twice	Never
a. A sports association/group	<input type="checkbox"/>				
b. A cultural association/group	<input type="checkbox"/>				
c. A church or other religious organisation	<input type="checkbox"/>				
d. A community-service or civic association/group	<input type="checkbox"/>				
e. A political party or organisation	<input type="checkbox"/>				

<TN. "Association/group": countries should choose between the wording "association" or "group" as considered best in their country>

**14.a. Generally speaking, would you say that people can be trusted or that you can't be too careful in dealing with people?**  
*((Please tick one box only))*

People can almost always be trusted	<input type="checkbox"/>
People can usually be trusted	<input type="checkbox"/>
You usually can't be too careful in dealing with people	<input type="checkbox"/>
You almost always can't be too careful in dealing with people	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

**14.b How interested would you say you personally are in politics?**  
*((Please tick one box only))*

Very interested	<input type="checkbox"/>
Fairly interested	<input type="checkbox"/>
Not very interested	<input type="checkbox"/>
Not at all interested	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

**<VI. Social determinants and consequences of leisure (7 items)>**

Now, some questions about your personal situation.

**15. To what extent do the following conditions prevent you from doing the free time activities you would like to do?**  
*((Please tick one box on each line))*

	Very much	To a large extent	To some extent	Not at all	Can't choose
a. Lack of facilities nearby	<input type="checkbox"/>				
b. Lack of money	<input type="checkbox"/>				
c. Personal health, age or disability	<input type="checkbox"/>				
d. Need to take care of someone (elderly, children, ...)	<input type="checkbox"/>				
e. Lack of time	<input type="checkbox"/>				

**16. If you were to consider your life in general these days, how happy or unhappy would you say you are, on the whole ...**  
*((Please tick one box only))*

Very happy	<input type="checkbox"/>
Fairly happy	<input type="checkbox"/>
Not very happy	<input type="checkbox"/>
Not at all happy	<input type="checkbox"/>
Can't choose	<input type="checkbox"/>

**17. In general, would you say your health is ...**  
*((Please tick one box only))*

Excellent	<input type="checkbox"/>
Very good	<input type="checkbox"/>
Good	<input type="checkbox"/>
Fair	<input type="checkbox"/>
Poor	<input type="checkbox"/>
<hr/>	
Can't choose	<input type="checkbox"/>

### Coding list for sports (Questions 8a, 10a and 10b)

#### Coding instructions:

The following list is based on ISSP countries' most prominent sport activities. The questions on sport activities are asked open-ended. Thus, respondents' answers or entries have to be coded either by interviewer, coder or other persons from ISSP countries' staff according to that scheme into numeric values (three digits). Please note that country-specific codes or codes **not** included in the following list **cannot** be accepted for the international and integrated ISSP file.

Sport activities are organized into four main groups (100=Team sports, 200=Racket sports, 300=Athletics and fitness sports, and 400=other sports). The main groups offer detailed categories: Team sports, e.g., start with American football (101) and ends with volleyball (112). If possible, then these detailed categories should be coded prior to the general ones of the main groups. Main groups should **only** be coded if respondents answer or enter a general main group, f.e. racket sports. If there are any activities which are not explicitly listed, then, please, code into one of the "other" categories: 199="other team sport", 299="other racket or bat sport", 399="other fitness sport" or 499="other sport". Please only use 499="other sport" if more precise classification is not possible.

Code	
<b>100</b>	<b>Team sports</b>
101	American football
102	baseball, softball
103	basketball
104	cricket
105	ice hockey
106	field hockey
107	football, soccer
108	handball
109	netball
110	polo, water polo
111	rugby
112	volleyball
199	other team sport
<b>200</b>	<b>Racket sports</b>
201	badminton
202	squash
203	table tennis
204	tennis
299	other racket or bat sport
<b>300</b>	<b>Athletics and fitness sports</b>
301	athletics (athletic disciplines, e.g. 100m-running, long-jumping, high-jumping), marathon
302	(competitive) body training (e.g. weight-training, body-building, artistic gymnastics)
303	fitness (aerobics, exercise machine-training, work-out, noncompetitive gymnastics)
304	jogging, (non-competitive) running
305	walking, Nordic-walking, hiking, trekking, climbing
399	other fitness sport

<b>400</b>	<b>Other sports</b>
401	adrenaline sports (e.g. bungee-jumping, paragliding)
402	billiards, pool, snooker
403	biathlon, triathlon
404	bowling, curling, bocce
405	boat sports (e.g. sailing, rowing, yachting, canoeing, kayaking)
406	bullfight
407	cockfighting
408	cycling, mountain-biking
409	dancing (e.g. ballroom dancing, Latin dances, Hip Hop, Jazz-dance, ballet)
410	darts
411	fencing
412	fishing, hunting
413	golf, minigolf
414	horse riding, horse racing
415	ice skating
416	inline skating, skateboarding, roller skating
417	martial arts (e.g. boxing, wrestling, Judo, Karate)
418	motor sports (motor racing, go carting)
419	rodeo
420	shooting (pistols, rifle, archery)
421	swimming, diving, snorkeling
422	surfing, water-skiing
423	snow-sports (skiing, snowboarding, cross-country-skiing, snow-biking, bobsleigh, toboggan)
499	other sport

## VII. Optional items

### 18. Now, two questions about yesterday.

a. Just to recall for you, yesterday was...  
*((Please tick one box only))*

- ... a weekday or working-day   
... a day off or a holiday

b. At about what time did you get up yesterday ?

At \_\_\_\_ o'clock \_\_\_\_ minutes (Please enter using the 24-hour format)

c. At about what time did you go to sleep yesterday ?

At \_\_\_\_ o'clock \_\_\_\_ minutes (Please enter using the 24-hour format)

### 19. Could you please tell me your

a. Height: \_\_\_\_\_ cm I don't know

b. Weight: \_\_\_\_\_ kg

<Countries not using metric height and weight:  
please use local units and convert to metric units in the data file you deposit to the Archive>

### 20. Would you like to...

*((Please tick one box only))*

Gain weight

Maintain your current weight

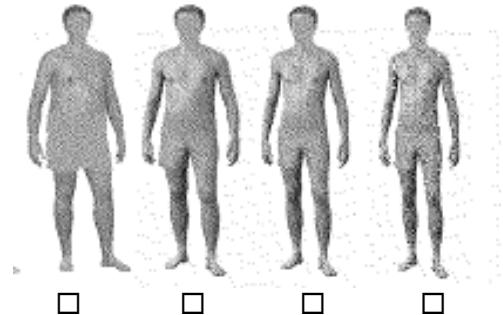
Lose weight

I don't care about my weight

**21. Which of the following pictures come closest to your conception of an ideal shape of a man and a woman?**

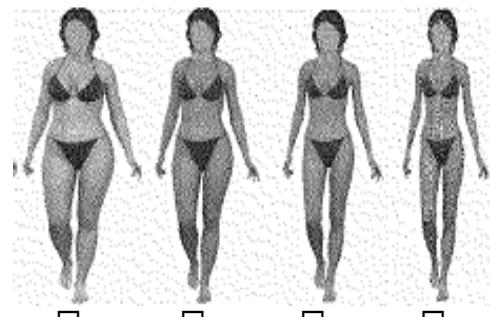
*((Please tick the box below the picture of your choice of the ideal man))*

A. Man

*((Please tick the box below the picture of your choice of the ideal woman))*

B. Woman

*<The pictures can be substituted with other pictures, which fit better to the respective national context>*

## **ISSP 2007 “Freizeit und Sport”**

Darf ich Sie bitten, zum Abschluss noch diesen kurzen Fragebogen zum Thema "Freizeit und Sport" selbst auszufüllen. Es handelt sich dabei um Fragen, die international in 43 Ländern gestellt werden.

Intervieweranweisung: Bitte drehen Sie den Laptop so, dass der Befragte die nächste Frage selbst auf dem Bildschirm ohne Ihre Hilfe beantworten kann und geben Sie ihm bitte den Stift!

Bürger aus 43 Ländern sagen ihre Meinung zum Thema  
"Freizeit und Sport"

Internationale Sozialwissenschaftliche Umfrage 2007

Wie wird's gemacht?

Antworten Sie bitte so, wie es Ihrer Meinung am besten entspricht.

Sie können bereits gegebene Antworten ändern.

Markieren Sie hierfür einfach eine andere Antwortmöglichkeit.

   <- Antippen

oder

Zahl oder Text eingeben, z.B.: →

Wenn Sie eine Frage beantwortet haben und zur nächsten gehen möchten, tippen Sie einfach auf **WEITER ➔**.

Mit ← **ZURÜCK** gelangen Sie auf die Seite vorher.

Bitte auf **WEITER** tippen.

**In den folgenden Fragen geht es um Ihre Freizeit, das heißt um Zeit, die Sie nicht mit beruflicher Arbeit, Hausarbeit oder mit anderen Verpflichtungen verbringen.**

**1. Wie oft tun Sie in Ihrer Freizeit Folgendes?**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Täglich	Mehrmals in der Woche	Mehrmals im Monat	Mehrmals im Jahr oder seltener	Nie
a. Fernsehen, DVDs oder Videos anschauen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Ins Kino gehen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Einen Einkaufsbummel machen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Bücher lesen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Kulturelle Veranstaltungen besuchen, z.B. Konzerte, Theater, Ausstellungen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Sich mit Verwandten treffen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. Sich mit Freunden treffen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. Karten spielen oder Brettspiele machen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5

*Fortsetzung nächste Seite*

Fortsetzungsseite

*Fortsetzung Frage i001*

*Bitte machen Sie in JEDER Zeile eine Markierung!*

i. Musik hören	<input type="checkbox"/>				
j. Sich körperlich betätigen, z.B. Sport treiben, ins Fitnessstudio gehen, spazieren gehen	<input type="checkbox"/>				
k. Sportveranstaltungen besuchen	<input type="checkbox"/>				
l. Handarbeiten oder Werken, wie Nähen, Holzarbeiten usw.	<input type="checkbox"/>				
m. Zeit im Internet / am PC verbringen	<input type="checkbox"/>				
	1	2	3	4	5

**2. In welchem Maß ermöglichen Ihnen Ihre Freizeitbeschäftigungen –**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	In sehr hohem Maß	In hohem Maß	Bis zu einem gewissen Maß	In geringem Maß	Überhaupt nicht	Kann ich nicht sagen
a. ... die Person zu sein, die Sie wirklich sind?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ... Ihre Beziehungen zu anderen Menschen zu festigen?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	8

**3. Bitte geben Sie an, wie viel Spaß Ihnen die folgenden Freizeitbeschäftigungen bereiten.**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Keinen Spaß	Nicht viel Spaß	Etwas Spaß	Großen Spaß	Sehr großen Spaß	Das tue ich nie
a. Bücher lesen	<input type="checkbox"/>					
b. Sich mit Freunden treffen	<input type="checkbox"/>					
c. Sich körperlich betätigen, z.B. Sport treiben, ins Fitnessstudio gehen, spazieren gehen	<input type="checkbox"/>					
d. Fernsehen, DVDs oder Videos anschauen	<input type="checkbox"/>					
	1	2	3	4	5	6

**4. Man kann sich in seiner Freizeit auf unterschiedliche Weise beschäftigen. Bitte geben Sie an, wie häufig Sie Ihre Freizeit damit verbringen,**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Sehr oft	Oft	Manchmal	Selten	Nie	Kann ich nicht sagen
a. ... nützliche Kontakte zu knüpfen.	<input type="checkbox"/>					
b. ... sich zu entspannen und zu erholen.	<input type="checkbox"/>					
c. ... Kenntnisse zu erwerben oder weiterzuentwickeln.	<input type="checkbox"/>					
	1	2	3	4	5	8

**5a. Wie häufig kommt es in Ihrer Freizeit vor, dass –**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Sehr oft	Oft	Manchmal	Selten	Nie	Trifft nicht zu
a. ... Sie sich langweilen?	<input type="checkbox"/>					
b. ... Sie sich gehetzt fühlen?	<input type="checkbox"/>					
c. ... Sie an Ihre berufliche Arbeit denken?	<input type="checkbox"/>					
	1	2	3	4	5	0

**5b. Sind Sie in ihrer Freizeit lieber mit anderen zusammen oder lieber allein?**

*Nur EINE Markierung möglich!*

Ich bin lieber...		
meistens mit anderen zusammen	<input type="checkbox"/>	1
mehr mit anderen zusammen als allein	<input type="checkbox"/>	2
mehr allein als mit anderen zusammen	<input type="checkbox"/>	3
meistens allein	<input type="checkbox"/>	4
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**6. Angenommen, Sie könnten Ihre Zeit anders verbringen als bisher, und für manche Dinge mehr und für andere weniger Zeit verwenden.**

**Mit welchen Dingen auf der folgenden Liste würden Sie –**

>gerne mehr,

>womit weniger und

>womit genauso viel Zeit wie bisher verbringen?

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Viel mehr Zeit	Ein bisschen mehr Zeit	Genauso viel Zeit	Ein bisschen weniger Zeit	Viel weniger Zeit	Kann ich nicht sagen	Trifft nicht zu
a. Für bezahlte Arbeit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Für Hausarbeit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Für die Familie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Für Freizeit- beschäftigung	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5	8	0

**7a. Wie oft waren Sie insgesamt in den letzten 12 Monaten über Nacht nicht zu Hause, weil Sie im Urlaub waren oder auf Besuch bei Freunden, Verwandten usw.?**

*Nur EINE Markierung möglich!*

Ich war nicht über Nacht fort	<input type="checkbox"/>	0
1-5 Nächte	<input type="checkbox"/>	1
6-10 Nächte	<input type="checkbox"/>	2
11-20 Nächte	<input type="checkbox"/>	3
21-30 Nächte	<input type="checkbox"/>	4
Mehr als 30 Nächte	<input type="checkbox"/>	5
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**7b. Wie viele Tage, falls überhaupt, haben Sie sich innerhalb der letzten zwölf Monate von Ihrer Arbeit frei genommen? Bitte zählen Sie Mutterschutzurlaub, Krankheit oder Ähnliches nicht mit.**

*Nur EINE Markierung möglich!*

Keinen	<input type="checkbox"/>	0
1-5 Tage	<input type="checkbox"/>	1
6-10 Tage	<input type="checkbox"/>	2
11-20 Tage	<input type="checkbox"/>	3
21-30 Tage	<input type="checkbox"/>	4
Mehr als 30 Tage	<input type="checkbox"/>	5
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8
<i>Ich bin nicht berufstätig</i>	<input type="checkbox"/>	6

**8a. Welche Sportart oder körperliche Aktivität üben Sie am häufigsten aus?**

**Wenn Sie keinerlei Sport oder körperliche Aktivität ausüben, kreuzen Sie bitte das dafür unten vorgesehene Kästchen an.**

Häufigste Sportart oder körperliche Aktivität \_\_\_\_\_ (offene Antwort)

*Bitte über die Tastatur eingeben!*

Ich übe keinerlei Sport oder körperliche Aktivität aus.  0

**8b. Denken Sie nun an Spiele und weniger an Sport oder körperliche Aktivitäten.**

**Was spielen Sie am häufigsten? Kreuzen Sie bitte das betreffende Spiel aus der folgenden Liste an.**

**Wenn Sie keine Spiele machen, kreuzen Sie bitte das dafür unten vorgesehene Kästchen an.**

*Nur EINE Markierung möglich!*

## Brettspiele

- |  |                            |   |                             |
|--|----------------------------|---|-----------------------------|
| Backgammon   | <input type="checkbox"/> 1 | Wort- oder Zahlenspiele (z.B. Kreuzwortsrätsel, Sudoku, Silbenrätsel)                   | <input type="checkbox"/> 10 |
| Dame   | <input type="checkbox"/> 2 | Videospiele, Computerspiele, PlayStation, Flipper                                       | <input type="checkbox"/> 11 |
| Schach   | <input type="checkbox"/> 3 | Glücksspiele (z.B. im Spielkasino, Poker, Spielautomaten, Lotto, Lotterie, Sportwetten) | <input type="checkbox"/> 12 |
| Go   | <input type="checkbox"/> 4 | Landestypische Spiele   | <input type="checkbox"/> 13 |
| Andere Brettspiele (z.B. Monopoly, Mühle)                              | <input type="checkbox"/> 5 | Andere Spiele   | <input type="checkbox"/> 14 |
| Kartenspiele (z.B. Skat, Schafkopf, Rommee, Canasta, Bridge, Patience) | <input type="checkbox"/> 6 | Ich spiele nicht  | <input type="checkbox"/> 96 |
| Domino   | <input type="checkbox"/> 7 |   |                             |
| Mah-Jongg  | <input type="checkbox"/> 8 |   |                             |
| Puzzle   | <input type="checkbox"/> 9 |   |                             |

**9. Bitte geben Sie an, wie wichtig die folgenden Gründe für Sie sind, Sport zu treiben oder sich an Spielen zu beteiligen.**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Sehr wichtig	Eher wichtig	Eher nicht wichtig	Überhaupt nicht wichtig	Kann ich nicht sagen	Trifft nicht zu
a. Um körperlich und geistig fit zu sein.	<input type="checkbox"/>					
b. Um andere Menschen zu treffen.	<input type="checkbox"/>					
c. Um mich mit anderen zu messen.	<input type="checkbox"/>					
d. Um gut auszusehen.	<input type="checkbox"/>					
	1	2	3	4	8	0

**10a. Welche Sportart schauen Sie sich am häufigsten im Fernsehen an?**

**Wenn Sie keinerlei Sport im Fernsehen anschauen, kreuzen Sie bitte das dafür unten vorgesehene Kästchen an.**

Sportart, die ich mir im Fernsehen am häufigsten ansehe \_\_\_\_\_ (offene Antwort)

*Bitte über die Tastatur eingeben!*

Ich schaue mir keine Sportsendungen an  0      -> Weiter mit Frage 11

**10b. Welches ist die zweithäufigste Sportart, die Sie sich im Fernsehen anschauen?**

Sportart, die ich mir im Fernsehen am zweithäufigsten ansehe \_\_\_\_\_ (offene Antwort)

*Bitte über die Tastatur eingeben!*

Ich schaue mir keine weitere Sportart an  0

**11. Wie stolz sind Sie, wenn Deutschland bei internationalen Sportwettkämpfen gut abschneidet?**

*Nur EINE Markierung möglich!*

Ich bin –

...sehr stolz	<input type="checkbox"/>	1
...etwas stolz	<input type="checkbox"/>	2
...nicht sehr stolz	<input type="checkbox"/>	3
...überhaupt nicht stolz	<input type="checkbox"/>	4
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**12. Es gibt unterschiedliche Meinungen zum Sport. Inwieweit stimmen Sie den folgenden Aussagen zu oder nicht zu?**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Stimme voll und ganz zu	Stimme zu	Weder noch	Stimme nicht zu	Stimme überhaupt nicht zu	<i>Kann ich nicht sagen</i>
a. Sport zu treiben fördert die Charakterentwicklung von Kindern.	<input type="checkbox"/>	<input type="checkbox"/>				
b. Im Fernsehen kommt zu viel Sport.	<input type="checkbox"/>	<input type="checkbox"/>				
c. Sport bringt unterschiedliche Gruppen in Deutschland einander näher, etwa Gruppen verschiedener nationaler oder ethnischer Herkunft.	<input type="checkbox"/>	<input type="checkbox"/>				
d. Internationale Sportwettkämpfe erzeugen mehr Spannungen zwischen Ländern als positive Gefühle.	<input type="checkbox"/>	<input type="checkbox"/>				
e. In Deutschland sollte der Sport mehr durch öffentliche Mittel gefördert werden.	<input type="checkbox"/>	<input type="checkbox"/>				
	1	2	3	4	5	8

**Nun einige Fragen zu Tätigkeiten in gesellschaftlichen Gruppen, Vereinen oder anderen Organisationen.**

**13. Wie oft haben Sie in den letzten 12 Monaten an den Aktivitäten einer der folgenden Vereinigungen oder Gruppen teilgenommen?**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

Ich habe teilgenommen an den Aktivitäten –	Mindestens einmal in der Woche	Mindestens einmal im Monat	Mehrmals	Ein- oder zweimal	Nie
a. ...eines Sportvereins / Sportclubs / einer Sportgruppe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ...eines Kulturvereins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. ...einer kirchlichen oder religiösen Vereinigung	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. ...einer Gruppe oder Vereinigung, die sich sozial engagiert	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. ...einer politischen Partei oder Organisation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	5

**14a. Ganz allgemein, was meinen Sie:**

**Kann man Menschen vertrauen oder kann man im Umgang mit Menschen nicht vorsichtig genug sein?**

*Nur EINE Markierung möglich!*

Man kann –

- |   |                          |   |
|---|--------------------------|---|
| ...Menschen fast immer vertrauen                                    | <input type="checkbox"/> | 1 |
| ...Menschen normalerweise vertrauen                                 | <input type="checkbox"/> | 2 |
| ...normalerweise nicht vorsichtig genug sein im Umgang mit Menschen | <input type="checkbox"/> | 3 |
| ...fast nie vorsichtig genug sein im Umgang mit Menschen            | <input type="checkbox"/> | 4 |

*Kann ich nicht sagen*

8

**14b. Was würden Sie sagen, wie sehr sind Sie an Politik interessiert?**

*Nur EINE Markierung möglich!*

- |                              |                          |   |
|------------------------------|--------------------------|---|
| Sehr interessiert            | <input type="checkbox"/> | 1 |
| Einigermaßen interessiert    | <input type="checkbox"/> | 2 |
| Nicht sehr interessiert      | <input type="checkbox"/> | 3 |
| Überhaupt nicht interessiert | <input type="checkbox"/> | 4 |

*Kann ich nicht sagen*

8

**Nun einige Fragen zu Ihrer persönlichen Situation.****15. In welchem Maß hindern Sie die folgenden Bedingungen daran, Ihre Freizeit so zu gestalten, wie Sie dies gerne tun würden?****Bitte machen Sie in JEDER Zeile eine Markierung!**

	In sehr hohem Maß	In hohem Maß	Bis zu einem gewissen Maß	Überhaupt nicht	Kann ich nicht sagen
a. Keine geeigneten Einrichtungen in der Nähe	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Geldmangel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Meine Gesundheit, mein Alter oder meine Behinderung	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Verpflichtung, sich um jemanden zu kümmern (z.B. ältere Menschen, Kinder)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Zeitmangel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	8

**16. Wenn Sie nun Ihr gegenwärtiges Leben insgesamt betrachten, was würden Sie sagen: Wie glücklich oder unglücklich sind Sie?****Nur EINE Markierung möglich!**

Sehr glücklich	<input type="checkbox"/>	1
Ziemlich glücklich	<input type="checkbox"/>	2
Nicht sehr glücklich	<input type="checkbox"/>	3
Überhaupt nicht glücklich	<input type="checkbox"/>	4
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**17. Alles in allem betrachtet, würden Sie sagen, Ihre Gesundheit ist –****Nur EINE Markierung möglich!**

...ausgezeichnet	<input type="checkbox"/>	1
...sehr gut	<input type="checkbox"/>	2
...gut	<input type="checkbox"/>	3
...Mittelmäßig	<input type="checkbox"/>	4
...schlecht	<input type="checkbox"/>	5
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**18. Würden Sie bitte folgende Angaben machen:**

*Bitte über die Tastatur eingeben.*

**a. Größe:** \_\_\_\_\_ cm

Weiß ich nicht  998

**b. Gewicht:** \_\_\_\_\_ kg

Weiß ich nicht  998

**19. Würden Sie gerne –**

*Nur EINE Markierung möglich!*

...zunehmen  1

...Ihr Gewicht halten  2

...abnehmen  3

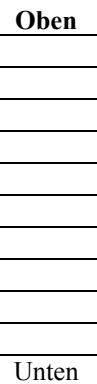
*Mir ist mein Gewicht nicht wichtig*  8

**20. In unserer Gesellschaft gibt es Bevölkerungsgruppen, die eher oben stehen, und solche, die eher unten stehen.**

**Wir haben hier eine Skala, die von oben nach unten verläuft.**

**Wenn Sie an sich selbst denken: Wo würden Sie sich auf dieser Skala einordnen?**

*Nur EINE Markierung möglich!*



**21. Inwieweit treffen die folgenden Aussagen auf Sie zu?****Bitte kreuzen Sie auf der Skala die Antwort an, die am ehesten Ihrer Einschätzung entspricht.****Bitte machen Sie in JEDER Zeile eine Markierung!**

Ich ...	Trifft voll und ganz zu	Trifft eher zu	Weder noch	Trifft eher nicht zu	Trifft überhaupt nicht zu	Kann ich nicht sagen
A bin eher zurückhaltend, reserviert.	1	2	3	4	5	8
B schenke anderen leicht Vertrauen, glaube an das Gute im Menschen.	1	2	3	4	5	8
C erledige Aufgaben gründlich.	1	2	3	4	5	8
D bin entspannt, lasse mich durch Stress nicht aus der Ruhe bringen.	1	2	3	4	5	8
E habe eine aktive Vorstellungskraft, bin phantasievoll.	1	2	3	4	5	8

*Fortsetzung nächste Seite*

Fortsetzungsseite

Fortsetzung Frage i021

**Bitte machen Sie in JEDER Zeile eine Markierung!**

F gehe aus mir heraus, bin gesellig.	1	2	3	4	5	8
G neige dazu, andere zu kritisieren.	1	2	3	4	5	8
H bin bequem, neige zur Faulheit.	1	2	3	4	5	8
I werde leicht nervös und unsicher.	1	2	3	4	5	8
J habe nur wenig künstlerisches Interesse.	1	2	3	4	5	8

**Zum Abschluss zu einem ganz anderen Thema:**

**22. Sind Sie dafür oder dagegen, dass folgende Berufsgruppen streiken dürfen?**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Grundsätzlich dafür	Eher dafür	Eher dagegen	Grundsätzlich dagegen	Kann ich nicht sagen
a. Ärzte und Ärztinnen	<input type="checkbox"/>				
b. Karosseriebauer	<input type="checkbox"/>				
c. Lokführer	<input type="checkbox"/>				
d. Bankangestellte	<input type="checkbox"/>				
e. Müllabfuhr	<input type="checkbox"/>				
	1	2	3	4	8

**23. Was meinen Sie: Sollte die Arbeitslosenversicherung –**

*Nur EINE Markierung möglich!*

...für alle Arbeitnehmer Pflicht bleiben?	<input type="checkbox"/>	1
...für alle Arbeitnehmer freiwillig werden?	<input type="checkbox"/>	2
<i>Kann ich nicht sagen</i>	<input type="checkbox"/>	8

**24. Sind Sie dafür oder dagegen, dass Arbeitslose –**

*Bitte machen Sie in JEDER Zeile eine Markierung!*

	Grund- sätzlich dafür	Eher dafür	Eher dagegen	Grund- sätzlich dagegen	Kann ich nicht sagen
a. ...erst ihre Ersparnisse weitgehend aufbrauchen müssen, bevor sie Geld aus Hartz IV (Arbeitslosengeld II) beziehen können?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. ...nur dann Geld aus Hartz IV (Arbeitslosengeld II) erhalten, wenn das Einkommen ihres (Ehe-) Partners für den gemeinsamen Lebensunterhalt nicht ausreicht?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	1	2	3	4	8

**Haben Sie Anmerkungen oder Kommentare für uns? Ihre Kommentare tragen dazu bei, unsere Umfragen zu verbessern.**

**Ich habe keine Anmerkungen oder Kommentare**

**HERZLICHEN DANK FÜR IHRE MITARBEIT!**

## Appendix B

ISSP E-mail, Address, Telephone and Telefax.  
Where given, the name underlined is that of the principal contact

Updated 03.06.2009

### Secretariat

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### Archives

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Updated 03.06.2009

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